

# Home Health Aide Curriculum

Modules:

1. Introduction to Aide and Agency Role
2. Interpretation of Medical and Social Needs of People Being Served
3. Personal Care Services
4. Nutrition
5. Cleaning and Care Tasks in the Home

Lecture Hours: 20

Clinical Hours: 20

Total Clock Hours: 40

## ADMISSION REQUIREMENTS

High School Diploma or GED

Student must be over 18 years old

Valid Certified Nurse Assistant Credential

or

Completion of  
Nurse Assistant Program

Westchester College is licensed by the following bureaus and meets the minimum state standards of:



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## Home Health Aide Program



The Home Health Aide Program promotes quality of care in the home care setting. The 40-hour Home Health Aide (non-degree) Program builds upon the knowledge, skills and abilities that individuals possess as nurses assistants. The curriculum has been outlined to be used as a combined program with a Nurse Assistant's current program or for educating students that are already certified as a nurse assistant.

# Home Health Aide Curriculum

## HH-M1: Introduction to Aide and Agency

Intent: To introduce the student to the practice and purpose of home health including responsibilities of the home health aides, communication with clients, families, team members, and community agencies. Overview of the Federal and State regulations governing home health aides

## HH-M2: Interpretation of Medical and Social Needs of Clients

Intent: The student is introduced to the examination of physical changes, developmental needs, and common disease processes found in the home health care client, impact of illness on the client's and families physical, emotional and psychological health. The importance of client and family rights and privacy are emphasized. Effects of terminal illness on the family Role of the HHA in providing a caring and supportive environment are discussed.

## HH-M3: Personal Care Services

Intent: To provide the student with expanded knowledge of safety and personal care as it is delivered in the home. Personal care skills, body mechanics, safety and emergency procedures are reviewed, and methods to improve and adapt these procedures for the home care client are presented.

## HH-M4: Nutrition

Intent: To examine the dietary requirements of the client, environmental, and personal resources. The student is introduced to the food pyramid and common therapeutic diets as planned and prepared in the home setting. Recognition of personal preferences cultural and religious dietary practices are discussed.

## HH-M5: Cleaning and Care Tasks in the Home

Intent: To provide learning experiences for the HHA to maintain a clean, safe, and healthy environment for the home care client. Consideration for the client, the client's home, and family is emphasized. This Module presents information on environmental safety as well as procedures and guidelines for completing household tasks.

## Objectives

To prepare the CNAs for certification as a home health aide by the State of California. This certification allows the home health aide to function as an entry-level worker on a health care team in a home health agency. The curriculum is structured to provide theory and practical application of knowledge and skill needed to function as a

## The Role of the Home Health Aide

The home health aide, supervised by licensed professional personnel, provides direct and supportive care to the client, promotes comfort measures, and collects, records and reports data in the home care setting. The HHA at all times must respect and interact effectively with clients, families, and other personal and professional caregivers.

## Career Opportunities

Career opportunities for the CNA/Home Health Aide are found in Home Health Agencies, Home and Community based settings, Long Term Care facilities, Hospitals, Rehabilitation centers, Skilled Nursing Facilities, Hospices and others.

## Schedule of Classes

The one week Home Health Aide Program offers classes during the weekdays.



## Graduation Requirements

Completion of a Nursing Assistant program or possession of a Nurse Assistant certificate  
Completion of the theoretical and clinical components of the Home Health Aide certification training program with a minimum passing grade of "C".

All financial obligations are met.